

# YOUR CAREER JOURNEY

YOUR FUTURE, YORK FUTURES [york.ac.uk/york-futures](https://york.ac.uk/york-futures)

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## FIRST YEAR

Get involved. Be open to possibilities and find out what motivates you.



## SEMESTER 1

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1

Activate your profile in Handshake for job and event alerts

2

Join clubs and societies from Wk 1

3

Need to earn while you learn? Search **Handshake** for part-time jobs

4

Stay supported with the University's Health and wellbeing resources

5

Find your strengths with the York Strengths programme

6

Apply in November to study abroad





## SEMESTER 2

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7

Look out for volunteering opportunities

8

Dip into virtual and in-person employer events

9

Start a CV and LinkedIn profile

10

Explore York Internships on **Handshake**

11

Careers website: Get career ideas

By the end of your first year you'll

- Have activated your Handshake account to access career events, appointments and job opportunities.  
**How to do it:** [york.joinhandshake.co.uk](http://york.joinhandshake.co.uk)
- Have started to gain experiences through volunteering, internships, enterprise, employer challenges or student committees.  
**How to do it:** [york.ac.uk/careers/work](http://york.ac.uk/careers/work) and [yusu.org](http://yusu.org)
- Have accessed sessions to help manage your career development.  
**How to do it:** [york.ac.uk/careers/events](http://york.ac.uk/careers/events)
- Have completed York Strengths to build self awareness and plan your next steps.  
**How to do it:** [york.ac.uk/york-strengths](http://york.ac.uk/york-strengths)
- Have reviewed your CV through CareerSet.  
**How to do it:** [york.ac.uk/careers/applications](http://york.ac.uk/careers/applications)

# SECOND YEAR

Explore different employers and sectors of work.  
Use what you know about yourself to gain relevant work experience.



## SEMESTER 1

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**1**

Careers website: Find work experience

**2**

Careers Fairs Wks 2-3: Grad jobs, Internships + Placements

**3**

Check out the application dates for York Futures Scholarships to support your activities

**4**

Build work experience through University volunteering and enterprise

**5**

Global Opportunities Fair Wk 6

**6**

Apply for a volunteering project



## SEMESTER 2

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7

Register for the Placement Year by 10 February 2024

8

Early bird applications for York Award

9

Book an appointment with Careers staff to talk through your next steps

10

Get involved in student life through YUSU

11

Listen to our podcast, **What Do You Actually Do?**, to find out what different careers are actually like

12

Update your CV to apply for summer work experience

13

Explore York Internships on **Handshake**

14

Careers In...Job sector event Wk 7

By the end of your second / penultimate year you'll

- Have completed your Handshake profile to connect with employers.  
**How to do it:** [york.joinhandshake.co.uk](http://york.joinhandshake.co.uk)
- Have accessed careers sessions to help manage your career development.  
**How to do it:** [york.ac.uk/careers/events](http://york.ac.uk/careers/events)
- Have sought more work experience through internships, volunteering, enterprise and placement year.  
**How to do it:** [york.ac.uk/careers/work](http://york.ac.uk/careers/work) and [york.ac.uk/placementyear](http://york.ac.uk/placementyear)
- Have practised your interview technique through Shortlist.Me.  
**How to do it:** [york.ac.uk/careers/applications](http://york.ac.uk/careers/applications)
- Have updated and tailored your CV through CareerSet.  
**How to do it:** [careerset.io/york](http://careerset.io/york)

# FINAL YEAR

Make the most of the support and resources available.  
Make good quality applications for graduate work or further study.

Placement Year / Year Abroad



## SEMESTER 1

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1

Careers website: Find and apply for jobs

2

Market yourself through your CV, LinkedIn and Handshake

3

Careers Fairs Wks 2-3

4

Apply for graduate jobs and post-grad study

5

Assessment Centre event Wk 5

6

Use the tools and support of Careers and Placements

7

Get a month from York Profiles & Mentors

8

Launch your own business?

## SEMESTER 2

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9

Apply for York Award from Wk 2

10

Working in Research event Wk 10

11

Book an appointment with Careers staff if you need more help

12

Graduate Jobs Fair Wk 11



Continued support from Careers and Placements

By the end of your final year you'll

- Have applied for the York Award.  
**How to do it:** [york.ac.uk/york-award](http://york.ac.uk/york-award)
- Have a clear sense of direction for life after graduation.  
**How to do it:** [york.ac.uk/careers/advice](http://york.ac.uk/careers/advice)
- Have an understanding of recruitment processes and how to succeed at each stage.  
**How to do it:** [york.ac.uk/careers/jobtoolkit](http://york.ac.uk/careers/jobtoolkit)
- Have utilised your Handshake profile to apply for graduate jobs.  
**How to do it:** [york.joinhandshake.co.uk](http://york.joinhandshake.co.uk)
- Feel positive about the future as a York graduate.  
**How to do it:** [york.ac.uk/careers/profiles](http://york.ac.uk/careers/profiles)